

## Useful Information

### Minor Injuries Units

Minor Injuries Units and Walk-in Centres are for patients with less serious injuries, such as sprains, minor burns, cuts and broken bones.

### Wharfedale Minor Injuries Unit (Otley)

Telephone: 0113 392 1647

Opening times: 8.00 am to 11.00 pm seven days a week

### The Headrow Walk-in Centre (Central Leeds)

Telephone: 0870 8180003

Opening times: 7.00 am to 7.00 pm, Monday to Friday

### Suggestions, compliments and complaints

Receiving complaints and compliments is important to us. They help us to know what we're getting right and what we can improve. In most cases concerns can be resolved quite easily. However, if you feel we have not dealt with the issues you have raised as you would wish, you can make a formal complaint by writing to the Chief Executive, Leeds PCT, North West House, West Park Ring Road, Leeds, LS16 6QG.

### Patient Advice and Liaison Service (PALS)

PALS provides confidential non-medical advice about NHS services across the city. **Freephone 0800 052 5270.**

**This leaflet can be made available in larger print, as an audio tape or in other languages.  
We can also provide interpreters for languages or signing at your appointment.**



**Wetherby Health Centre  
Hallfield Lane  
Wetherby  
LS22 6JS**

**Telephone: 01937 522 777**

**Fax: 01937 522 766**

**For GP services from Dr Knight and partners**

**Telephone: 01937 585669**

## General Information

### About NHS Leeds

NHS Leeds is responsible for ensuring that the people of Leeds have access to the health services they need, along with directly providing a wide range of community-based services across the city. In addition to providing care for local people, we work closely with GP practices, pharmacists, optometrists, dentists, hospital trusts, social services, mental health services and community and voluntary organisations to commission and fund the healthcare they provide to people in Leeds.

NHS Leeds also undertakes a broad range of public health initiatives to improve the health and quality of life for local people.

### Our team

The administration staff at Wetherby Health Centre are available every day to help you. They make appointments, deal with telephone enquiries and issue hearing aid batteries, incontinence products, vitamin drops, head lice combs and replacement accessories for walking aids.

### The community health service reception is open:

<b>Monday to Thursday</b>	<b>8.30 am to 5.00 pm</b>
<b>Friday</b>	<b>8.30 am to 4.30 pm</b>

Services available in the centre can be found on the following pages.

## Construction Images



**May 2007**



**July 2007**



**December 2007**



**May 2008**

**Dr J Knight and Partners**  
**Telephone number: 01937 585669**

General Practitioners: Dr Jacqueline Knight, Dr Nicholas Ibbotson and Dr Sarah Martys.

The team also includes a sister, phlebotomist, dispensers and practice staff.

**Appointments available:**

Monday to Friday from 8.00am to 6.00pm.

Appointments can be booked by contacting the reception on 01937 585669 or on line at [www.wetherbysurgery.nhs.uk](http://www.wetherbysurgery.nhs.uk)

For information on how to book on line please ask at reception.

**Our services include:**

Diabetic clinic

Baby clinic

Childhood immunisations

Family planning clinic

Travel immunisations

Phlebotomy clinic

**Musculoskeletal (MSK) Physiotherapists**



This service treats patients with a range of conditions relating to muscles, bones and joints.

The team includes specialist MSK physiotherapists, an osteopath and a bio-chemical podiatrist. Appointments are available Monday to Friday, from 8am – 5.30pm.

**Domiciliary Physiotherapists**

This service sees patients with MSK conditions such as osteoporosis, neurological conditions such as stroke and Parkinson's disease and also general mobility and balance problems. Patients are seen within their own homes, or in residential care.

**Podiatry**

Leeds Community Podiatry Service offers a range of foot care services including minor surgery (for problematic or in-growing nails) and removal of corns and calluses. These services are aimed at improving mobility and promoting independence.

If you are eligible for treatment, your podiatrist will develop a personal treatment plan to provide you with the best course of treatment.



## District Nursing

District nurses provide nursing treatment and advice to patients who are housebound or who have recently been discharged from hospital.



Referrals are received from local hospitals, hospices, GPs, social services, voluntary sector organisations, carers and patients. For further information and for referrals please contact 01937 522777.

## Community Matrons

Community Matrons are a team of specialist community nurses who provide care for vulnerable people with long term conditions, such as chronic obstructive pulmonary disease, diabetes, asthma and coronary heart disease.

Community Matrons visit people in their own homes where they carry out comprehensive assessments and develop a personalised plan of care.

Their aim is to help patients and carers to better manage their long term condition, improving quality of life and providing care in the most appropriate setting.



## Health Visiting and Baby Clinics

Health visitors are qualified nurses who have received additional specialist training and experience in child health, health promotion and education. Their role is to work with families as well as the wider community promoting healthy lifestyles and addressing concerns about physical and mental wellbeing. Every pre-school child has a named health visitor. Health visitors are available 8.30am-5pm, Monday to Friday.



Various clinics and groups are held at the health centre including child health clinics, baby café (for breastfeeding mums), weaning parties and baby massage.

## School Nurses



The school nursing team works in partnership with children, parents, carers, health professionals and teachers to enable children and young people to reach their full potential.

Their responsibilities include providing health advice and support to children and young people, running parenting programmes and clinics and participating in health education.