

Useful Information

Minor Injuries Units

Minor Injuries Units and Walk-in Centres are for patients with less serious injuries, such as sprains, minor burns, cuts and broken bones.

Wharfedale - Minor Injuries Unit (Otley)

Telephone: 0113 392 1647

Opening times: 8.00 am to 11.00 pm seven days a week

St George's Centre - Minor Injuries Unit (Middleton)

Telephone: 0113 392 9800

Opening times: 8.00 am to 10.30 pm, Monday to Friday

The Headrow Walk-in Centre (Central Leeds)

Telephone: 0870 8180003

Opening times: 7.00 am to 7.00 pm, Monday to Friday

Suggestions, compliments and complaints

Receiving complaints and compliments is important to us. They help us to know what we're getting right and what we can improve. In most cases concerns can be resolved quite easily. However, if you feel we have not dealt with the issues you have raised as you would wish, you can make a formal complaint by writing to the Chief Executive, NHS Leeds, North West House, West Park Ring Road, Leeds, LS16 6QG.

Patient Advice and Liaison Service (PALS)

PALS provides confidential non-medical advice about NHS services across the city.

Freephone 0800 052 5270

This leaflet can be made available in larger print, as an audio tape or in other languages.

We can also provide interpreters for languages or signing at your appointment.



East Leeds Health Centre
78 Osmondthorpe Lane, Leeds
LS9 9EF

For community health services:
Telephone: 0113 29 51470
Fax: 0113 29 51471

For GP services from Shaftesbury Medical Centre:
Telephone: 0844 576 9792

For GP services from Garden Surgery:
Telephone: 0844 477 8750

By bus: 91, 37, 87 and 63

Welcome

On behalf of NHS Leeds* and Community Ventures (Leeds) Ltd, we would like to welcome you to East Leeds Health Centre.

East Leeds Health Centre is a new, purpose-built primary care facility located on Osmondthorpe Lane. We are delighted that patients will now be able to benefit from a range of community-based health services provided in modern facilities.

East Leeds Health Centre is owned by Community Ventures (Leeds) Ltd and operated and managed by NHS Leeds.

Community Ventures (Leeds) Ltd is a partnership between NHS Leeds, Leeds City Council, and Community Health Partnerships which aims to bring together health and social care organisations, local government and private sector companies to deliver a coordinated approach to improve community-based services and facilities.

We hope you are pleased with your modern health centre and are able to benefit from the new services and facilities.

Christine Outram
Chief Executive, NHS Leeds

Nigel Fenny
Chief Executive, Community Ventures (Leeds) Limited

*Please note Leeds Primary Care Trust is the registered legal name for NHS Leeds

Primary Care Mental Health Workers

The Primary Care Mental Health Team offer short term support to people with mild to moderate mental health problems. These include depression, anxiety and stress. The team offers individual sessions or the opportunity to access computerised self help. Referrals are currently taken from GPs and other health care professionals.

Speech and Language Therapy

The speech and language therapy children's service helps children and young people (0-19 years) with speech, language and communication difficulties, helping them develop the best possible communication skills. The service also supports children and their families to adapt to long-term communication problems. It is available to children with problems relating to their speech, language, voice, fluency, articulation, mixed disorders and feeding difficulties. The service operates a referral system, aiming to see people within 8 weeks of receipt of referral.

Podiatry/Chiropody

The podiatry service offers a range of foot care including minor surgery and treatment for walking difficulties. The service is aimed at improving mobility and promoting independence. Eligibility criteria are in place for this service. For more information please see the patient information leaflet available from reception.

Smoking Cessation Service

The smoking services team offers free advice, support and treatment for individuals who want to stop smoking. Group sessions and individual support is available across the East Leeds area. You do not need to be referred by your GP, just ring Freephone 0800 169 4219.

Other services include: Contraception and Sexual Health (CASH) clinics, diabetic service, ophthalmology, urology, cardiac services and the Citizens Advice Bureau.

Community Health Services

Health Visiting and Baby Clinics

Health visitors are qualified midwives or nurses who have received additional specialist training and experience in child health, health promotion and education. They work with families as well as the wider local community, promoting healthy lifestyles and addressing concerns about physical and mental well being. They visit mothers when their baby is born and then follow their child's development until they start school. Referral is by your GP.

School Nurses

The school nursing team works in partnership with children, parents, carers, health professionals and teachers. Their responsibilities include providing health advice and support to children and young people, running parenting programmes and bed-wetting clinics, participating in health education and health promotion and supporting the Leeds Healthy School Standard Programme. For more information contact our reception staff on 0113 29 51470.

Musculoskeletal Physiotherapy

This service treats patients with a range of conditions relating to muscles, bones and joints. Assessment and treatment is from a specialist chartered physiotherapist, who will also facilitate referral to other specialists and services at Wharfedale Hospital when required.



General Information

About NHS Leeds

NHS Leeds is responsible for ensuring that the people of Leeds have access to the health services they need, along with directly providing a wide range of community-based services across the city. In addition to directly providing care for local people, we work closely with GP practices, pharmacists, optometrists, dentists, hospital trusts, social services, mental health services and community and voluntary organisations to commission and fund the healthcare they provide to people in Leeds.

NHS Leeds also undertakes a broad range of public health initiatives to improve the health and quality of life for local people.

Our team

The administration staff at East Leeds Health Centre are available every day to help you. They make appointments; deal with telephone enquiries and issue hearing aid batteries, incontinence products, vitamin drops, head lice combs and replacement ferrules for walking aids.

The community health service reception is open:

**Monday to Thursday
Friday**

**8.30 am to 5.00 pm
8.30 am to 4.30 pm**



Shaftesbury Medical Centre
Telephone number: 0844 576 9792

General Practitioners: Dr Peter Darbyshire, Dr Naomi Penn, Dr Joyce Pieroni, Dr Nicholas Koslowsky, Dr Nicholas Bishop, Dr Andrew Harris, Dr Lydia Taylor, Dr Mary Clark and Dr Sally Franks.

Our team also includes a nurse practitioner, three practice nurses and two healthcare assistants.

Appointments available:

Monday to Friday	8.30am - 12pm 1.30pm - 5.30pm
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Appointments can be booked by contacting the reception on: 0844 576 9792.

Our services include:

- Ante natal clinic
- Baby clinic
- Vaccinations and immunisations
- Diabetic clinic
- Wart clinic
- Minor surgery
- Asthma/COPD review
- Heart failure/Stroke/Cardiac review
- Phlebotomy clinic
- Smoking cessation clinic
- Cervical smear tests

Garden Surgery
Telephone number: 0844 477 8750

General Practitioners: Dr Jason Procter, Dr Sarah Griffiths, Dr Pallavi Kuruvatti and Dr Rob Flint.

Our team also includes two nurse practitioners.

Appointments available:

Monday	8.30am - 11.30am and 3.00pm - 5.30pm
Tuesday	8.30am - 11.00am and 1.00pm - 5.30pm
Wednesday to Friday	8.30 am - 11.30am and 1.00pm - 5.30pm

Appointments can be booked by contacting the reception on: 0844 477 8750.

Our services include:

- Ante natal clinic
- Baby clinic
- Child vaccinations and immunisations
- Minor surgery
- Chiropody
- Smoking cessation clinic
- Cervical smear tests
- Phlebotomy clinic
- Asthma clinic
- Diabetes clinic

If you ring your surgery when it is closed you will be transferred to an out-of-hours service or you will receive a message telling you where to phone. If you are not sure about the best way to deal with your symptoms call NHS Direct on 0845 4647.